CONFIDENTIAL PATIENT CASE HISTORY

Please complete this questionnaire. This confidential history will be part of your permanent records. THANK YOU.

Name _____ Birthday _____ Sex ☐ M ☐ F

Address _____ City/State _____ Zip _____

Soc. Sec. # _____ Home Phone _____ Work _____ Cell _____ E-Mail _____

Marital Status: ☐ M ☐ D ☐ S ☐ W Children, Ages _____ Spouse's Name _____

Occupation _____ Employer _____

Who referred you to us? _____ How else did you hear about us? _____

What is your major complaint?

_____

_____

How long have you had this condition? _____

Have you had this or similar conditions in the past? _____

Do any positions make it feel worse? _____

Do any positions make it feel better? _____

Is this condition: ☐ Improved ☐ Unchanged ☐ Getting Worse

Is this condition interfering with your: ☐ Work ☐ Sleep ☐ Daily Routine Other _____

Other doctors or therapist who have treated THIS condition _____

What do you think caused this condition? _____

List surgical operations and years:

_____

_____

Do you have a family physician? Name _____

Medications, dosage and frequency:

_____

_____

Have you been in an auto accident or had any other personal injury? ☐ Y ☐ N Describe

Signature _____ Date _____

Parent/Guardian _____ Date _____

REVIEW OF SYSTEMS Check only the ones you now have or have had in the past.

GENERAL	NOW	PAST
Weakness	☐ N	☐ P
Fatigue	☐ N	☐ P
Fever	☐ N	☐ P
Chills	☐ N	☐ P
Night Sweats	☐ N	☐ P
Fainting	☐ N	☐ P
SKIN		
Color Changes	☐ N	☐ P
Nail Changes	☐ N	☐ P
Hair Changes	☐ N	☐ P
Moles	☐ N	☐ P
Rashes	☐ N	☐ P
Sores	☐ N	☐ P
Weakness	☐ N	☐ P
HEAD		
Headaches	☐ N	☐ P
Injuries	☐ N	☐ P
Bumps	☐ N	☐ P
Last Eye Exam	_____	
Glasses	☐ N	☐ P
Contacts	☐ N	☐ P
Cataracts	☐ N	☐ P
EARS		
Hard of Hearing	☐ N	☐ P
Deafness	☐ N	☐ P
Ringing	☐ N	☐ P
Discharge	☐ N	☐ P
Earache	☐ N	☐ P
Itching	☐ N	☐ P
Dizziness	☐ N	☐ P
Room Spins	☐ N	☐ P
NOSE		
Decreased Smell	☐ N	☐ P
Bleeding	☐ N	☐ P
Pain	☐ N	☐ P
Discharge	☐ N	☐ P
Obstruction	☐ N	☐ P
Post Nasal Drip	☐ N	☐ P
Deviated Septum	☐ N	☐ P
Runny Nose	☐ N	☐ P
Sinus Congestion	☐ N	☐ P
MOUTH		
Bleeding Gums	☐ N	☐ P
Sores	☐ N	☐ P
Dental Problems	☐ N	☐ P
Bad Breath	☐ N	☐ P
Loss of Taste	☐ N	☐ P
Dry Mouth	☐ N	☐ P
Ulcers	☐ N	☐ P
Blisters	☐ N	☐ P

THROAT	NOW	PAST
Soreness	☐ N	☐ P
Bad Tonsils	☐ N	☐ P
Hoarseness	☐ N	☐ P
Pain	☐ N	☐ P
Trouble Swallowing	☐ N	☐ P
Recurrent Infections	☐ N	☐ P
NECK		
Neck Enlargement	☐ N	☐ P
Stiff Neck	☐ N	☐ P
Soreness	☐ N	☐ P
Lumps	☐ N	☐ P
Masses	☐ N	☐ P
BREASTS		
Discharge	☐ N	☐ P
Lumps	☐ N	☐ P
Pain	☐ N	☐ P
Bleeding	☐ N	☐ P
Nipple Changes	☐ N	☐ P
Skin Changes	☐ N	☐ P
Bloated	☐ N	☐ P
LUNGS		
Cough	☐ N	☐ P
Phlegm	☐ N	☐ P
Blood	☐ N	☐ P
Short of Breath	☐ N	☐ P
Wheezing	☐ N	☐ P
Pain	☐ N	☐ P
Congestion	☐ N	☐ P
Inhalant Exposure	☐ N	☐ P
HEART		
Murmur	☐ N	☐ P
Palpitations	☐ N	☐ P
Rapid Heartbeat	☐ N	☐ P
Swollen Extremities	☐ N	☐ P
Cold Extremities	☐ N	☐ P
Chest Pain/Pressure	☐ N	☐ P
Varicose Veins	☐ N	☐ P
Blood Clots	☐ N	☐ P
Blue Extremities	☐ N	☐ P
BLOOD		
Anemia	☐ N	☐ P
Low Blood Iron	☐ N	☐ P
Easy Bruising	☐ N	☐ P
Easy Bleeding	☐ N	☐ P
Swollen Nodes	☐ N	☐ P
Painful Nodes	☐ N	☐ P
Sugar in Blood	☐ N	☐ P
Red Spots	☐ N	☐ P

GASTROINTESTINAL	NOW	PAST
Abdominal Pain	☐ N	☐ P
Nausea	☐ N	☐ P
Bloated	☐ N	☐ P
Belching	☐ N	☐ P
Heartburn	☐ N	☐ P
Indigestion	☐ N	☐ P
Irregular Bowel Habits	☐ N	☐ P
Constipation	☐ N	☐ P
Diarrhea	☐ N	☐ P
Gas	☐ N	☐ P
Hemorrhoids	☐ N	☐ P
Poor Appetite	☐ N	☐ P
Food Intolerance	☐ N	☐ P
Bloody Stools	☐ N	☐ P
Black Stools	☐ N	☐ P
GENITOURINARY		
Urgency	☐ N	☐ P
Incontinence	☐ N	☐ P
Straining	☐ N	☐ P
Back Pain	☐ N	☐ P
Frequent Voiding	☐ N	☐ P
Stones	☐ N	☐ P
Burning	☐ N	☐ P
Bed Wetting	☐ N	☐ P
Small Stream	☐ N	☐ P
Discharge	☐ N	☐ P
Impotence	☐ N	☐ P
Dribbling	☐ N	☐ P
Cloudy Urine	☐ N	☐ P
Urine Color _____		
Spotting Between Periods	☐ N	☐ P
Menstrual Cramps	☐ N	☐ P
Discharge	☐ N	☐ P
Itching	☐ N	☐ P
Painful Intercourse	☐ N	☐ P
Irregular Periods	☐ N	☐ P
Hot Flashes	☐ N	☐ P

Contraception Type _____
Age at First Period _____
Duration of Cycle _____
Duration of Flow _____
No. of Pregnancies _____
No. of Births _____
No. of Miscarriages _____
No. of Abortions _____
Menstrual Flow ☐ Heavy ☐ Mod ☐ Light
Last Period _____
Last Pap Smear _____
Last Vaginal Exam _____
Last Mammogram _____
Last Prostate Exam _____

NAME _____

NEUROLOGIC	NOW	PAST
Seizures	☐ N	☐ P
Vertigo	☐ N	☐ P
Dizziness	☐ N	☐ P
Hand Trembling	☐ N	☐ P
Loss of Sensation	☐ N	☐ P
Incoordination	☐ N	☐ P
Loss of Facial	☐ N	☐ P
Weak Grip	☐ N	☐ P
Paralysis	☐ N	☐ P
Difficulty Speech	☐ N	☐ P
Tingling	☐ N	☐ P
Loss of Memory	☐ N	☐ P
Numbness	☐ N	☐ P

ENDOCRINE		
Weight Loss	☐ N	☐ P
Weight Gain	☐ N	☐ P
Extremely Thin	☐ N	☐ P
Heat Intolerance	☐ N	☐ P
Cold Intolerance	☐ N	☐ P
Hair Changes	☐ N	☐ P
Breast Changes	☐ N	☐ P

IMMUNIZATION/VACCINATION	
DPT	Y ☐
Mumps	Y ☐
Smallpox	Y ☐
Typhoid	Y ☐
Tetanus	Y ☐
Measles	Y ☐
Pneumococcal	Y ☐
Influenza	Y ☐
Polio	Y ☐
MMR	Y ☐

BLOOD TYPE

A + ☐ A - ☐
B + ☐ B - ☐
AB + ☐ AB - ☐
O + ☐ O - ☐
Other _____

BLOOD TRANSFUSIONS

Date_____

Date_____

Date_____

Date_____

PSYCHIATRIC	NOW	PAST
Hyperventilation	☐ N	☐ P
Insecurity	☐ N	☐ P
Depression	☐ N	☐ P
Troubled Sleep	☐ N	☐ P
Irritable	☐ N	☐ P
Undecidedness	☐ N	☐ P
Timid	☐ N	☐ P
Hallucinations	☐ N	☐ P
Loss of Memory	☐ N	☐ P
Alcoholism	☐ N	☐ P
Drug Addiction	☐ N	☐ P
Drug Dependent	☐ N	☐ P
Suicidal Thoughts	☐ N	☐ P
Extreme Worry	☐ N	☐ P
Sexual Problems	☐ N	☐ P

MUSCULOSKELETAL	NOW	PAST
Muscle Pain	☐ N	☐ P
Muscle Weakness	☐ N	☐ P
Muscle Cramps	☐ N	☐ P
Muscle Twitching	☐ N	☐ P
Joint Stiffness	☐ N	☐ P
Joint Pain	☐ N	☐ P

PAST MEDICAL HISTORY. Check only the ones you have had in the past .

Hay Fever	Y ☐	Parasites	Y ☐
Mumps	Y ☐	Epilepsy	Y ☐
Rheumatic Fever	Y ☐	Paralysis	Y ☐
Allergies	Y ☐	Polio	Y ☐
Angina	Y ☐	Mental Illness	Y ☐
Cancer	Y ☐	Alcoholism	Y ☐
Tumor	Y ☐	Depression	Y ☐
Blood Disease	Y ☐	Nervous Breakdown	Y ☐
Leukemia	Y ☐	Migraine	Y ☐
Heart Trouble	Y ☐	Gout	Y ☐
Varicose Veins	Y ☐	Hemorrhoids	Y ☐
Phlebitis	Y ☐	Prostate Problems	Y ☐
Hypertension	Y ☐	Sexual Problems	Y ☐
Stroke	Y ☐	Gonorrhea	Y ☐
Ulcers	Y ☐	Syphilis	Y ☐
Jaundice	Y ☐	Diabetes	Y ☐
Skin Trouble	Y ☐	Bladder Trouble	Y ☐
Gallstones	Y ☐	Kidney Stones	Y ☐
Liver Trouble	Y ☐	Kidney Infections	Y ☐
Hepatitis	Y ☐	Dysentery	Y ☐

Date of Last Chest X-Ray _____ ☐ Normal ☐ Abnormal

Last TB Skin Test _____ ☐ Normal ☐ Abnormal

Allergies: _____

_____

_____

_____

_____

FAMILY HISTORY List any of the diseases listed above which run in your family.

Relative	Age if Living	Age at Death	Cause of Death	State of Health	Illnesses
Father					
Mother					
Brother(s)					
Sister(s)					
Maternal Grandfather					
Maternal Grandmother					
Paternal Grandfather					
Paternal Grandmother					

SOCIAL HISTORY Check the boxes and fill in.

Current Weight _____ Have you recently lost or gained weight?_____ Height _____

Mental Work ☐ Heavy ☐ Moderate ☐ Light Hours per day _____

Physical Work ☐ Heavy ☐ Moderate ☐ Light Hours per day _____

Exercise ☐ Heavy ☐ Moderate ☐ Light Hours per week _____ Type _____

Smoking ☐ Current ☐ Previous Packs/Day _____ No. of years _____

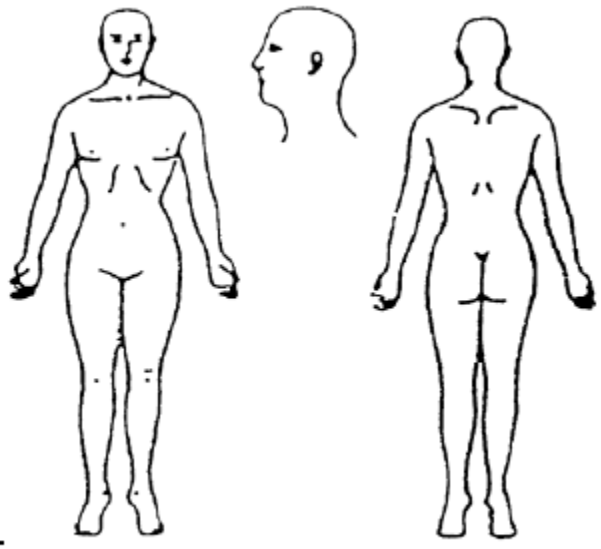
Alcohol Beer/Week _____ Liquor/Week _____ Wine/Week _____ No. of Years _____

Caffeine *(Coffee, Tea, Cola)* Cups/Day _____ No. of Years _____

Aspirin No./Day _____ No. of Years _____ Others _____

MARK THE AREAS OF YOUR SYMPTOMS ON THE FIGURE TO THE RIGHT. Use the following symbols:

Aches ^^^^ Numbness oooo Pins/Needles ·••• Stabbing ////



MARK AN "X" ON THE LINES:

How bad are your symptoms now?

None Most Severe

How bad have they been in the past?

None Most Severe

Patient Name_____ Number _____ Date _____